





a part of the problem is that



Press release

6 million adults do not do a monthly brisk 10 minute walk



and 20% of the UK's middle aged population are classed as completely inactive!!!





from an environmental perspective the UK knows how to make big changes and has done it before!





home and away – we share similar problems





We all eat and drink too much of the wrong stuff......and exercise too little!





but solutions are being explored – Healthy Christchurch Charter

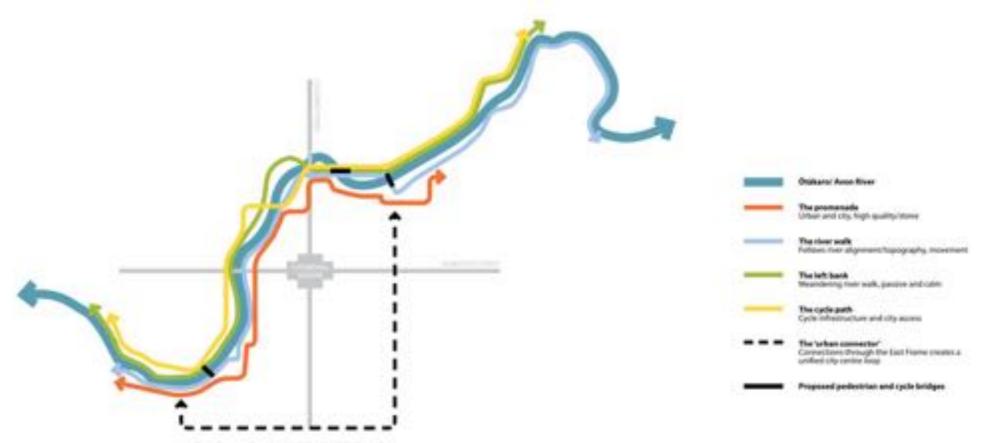




Christchurch CBD Early 2011

Christchurch CBD 2014

but solutions are being explored – post earthquake approach



avon river precinct christchurch



sharing the space available

avon river precinct christchurch



closer contact with nature

avon river corridor christchurch



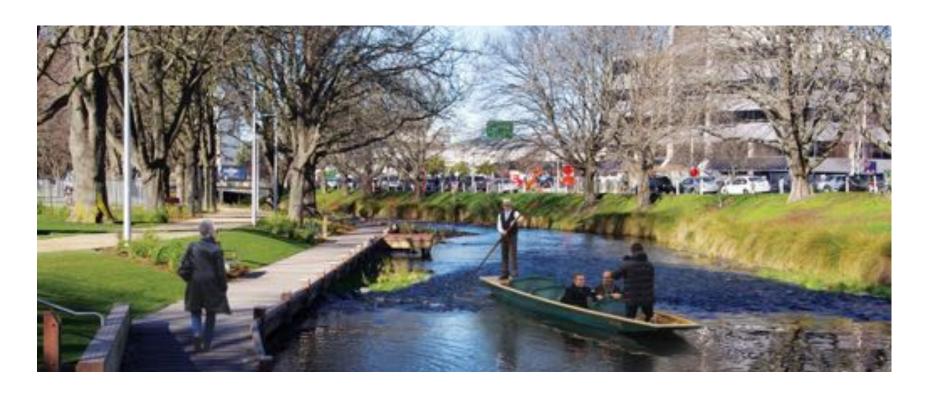
pedestrians first

avon river precinct christchurch

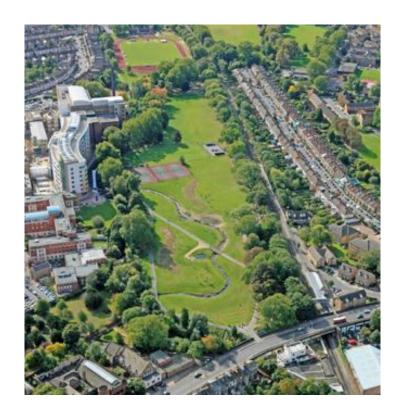


sharing road space

avon river precinct christchurch



But plenty of opportunities at home - Ladywell Fields Lewisham







people, nature and exercise

Ladywell Fields Lewisham - QUERCUS







Cornmill Gardens



transforming liabilities into assets

At Cornmill Gardens



creating an amenity and bringing nature back into the city

At Cornmill Gardens









encouraging play, exercise, meeting, or just enjoying nature



Margaret McMillan Park



Margaret McMillan

building on the past

Margaret McMillan Park







walking, meeting, play

Mountsfield Park







Mountsfield Park

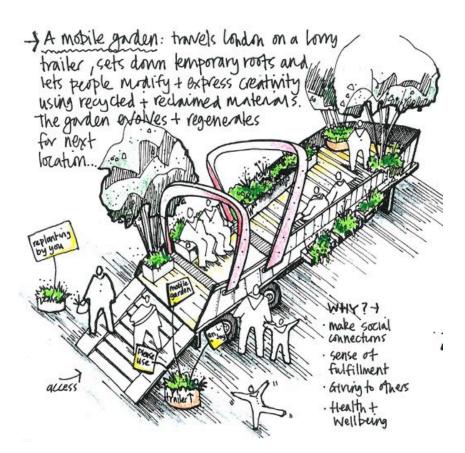






activity, learning and enjoying the outcome

Trailer trash!





explore and innovate



what are we trying to achieve

Why are excount that

The Has Direct Restoration Project is a must benefic at others that tokes an integrated approach to expensions design and management. There are a number of key leasons only Working Dorough Council is undertaking this relative.



Unity with previous defluencement works

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Environmental project and the transcription and the weed by the first phase of the ordinary to the NaviPelE uses completed in 2012 by underlandy fulfrer enhancement printer to areas locify-perfector and downstream of the existing softenes.

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\$5.70 specimens to and analysis

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Phone see always

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Provide community recession

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mitigate flood risk, enhance habitat

Hoe Stream

Enhance the pedestrian and cycle network There is potential for the Hoe Valley to become a more efficient sustainable transport corridor by enhancing the existing pedestrian and cycling network to improve connectivity, especially in terms of continuous access along the Hoe Stream corridor from Smart's and Prev Heath to Woking Town Centre and Old Woking. It is vital that footpaths / cycle way are accessible for wheelchair users and pushchairs throughout the year, ensuring the whole community is able to benefit from the water environment.

Footpaths will link with existing urban areas along the length of the scheme to provide direct, safe and attractive routes between local communities and other green infrastructure sites (current and proposed) across the area. Works to the transport network will be considered holistically with the ecological enhancements proposed'.



what are we trying to achieve

The liber Stephyston Project is a multi-beneficial scheme that takes an integrated appropriate expression and management Two an a number of key reasons why libeing Borough Council is undertaking this initiative

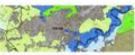




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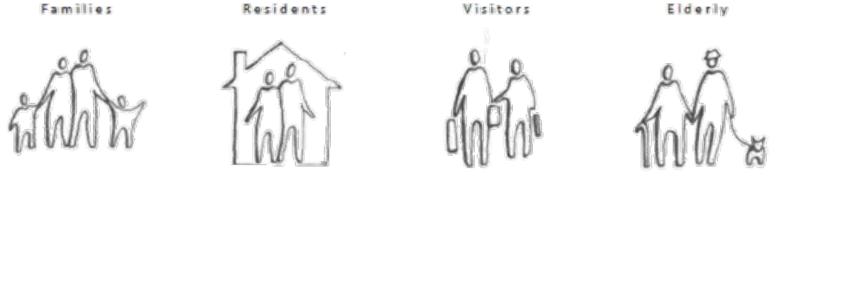


but also encourage walking and cycling

Green Spine Church Street Westminster



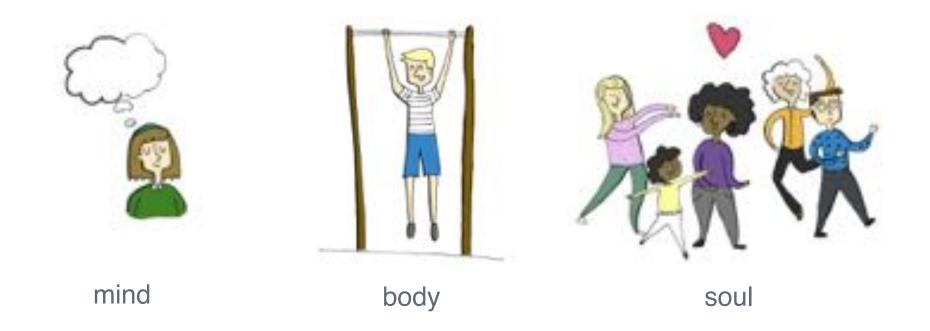
Green Spine



understanding the needs of the whole community

Workers

Green Spine



addressing all the needs

Green Spine



bringing nature into the heart of the community

Green Spine – setting objectives



setting the objectives

Green Spine – setting objectives



Green Spine – establishing a vision



The Vision



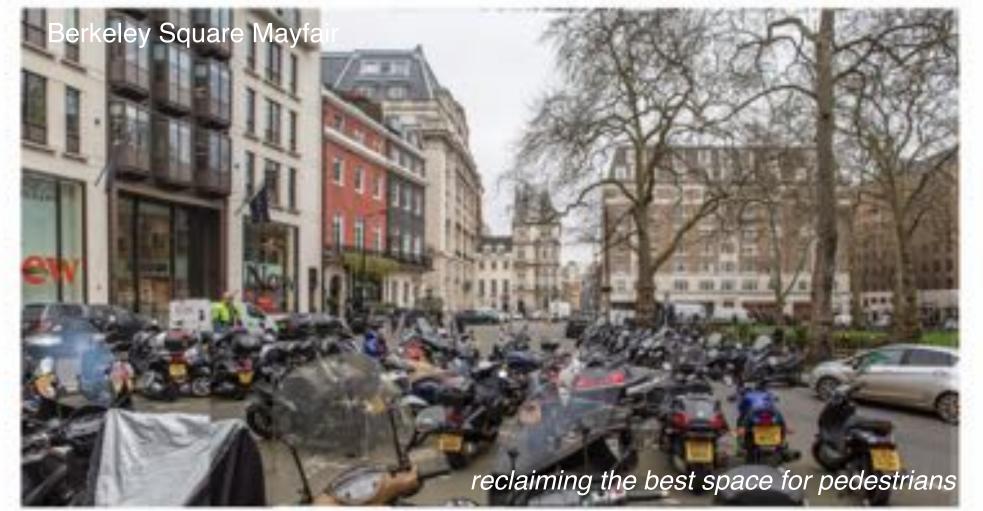
where people come first













encouraging walking and cycling

Berkeley Square, Mayfair

there's a nightingale here somewhere

Mayfair





creating simple places to exercise

and nothing is easier and better than walking

and today, right on your doorstep

you can try it out

get out and have a think



or just get some fresh air



