

# Health & the Circular Economy

Sunand Prasad PPRIBA

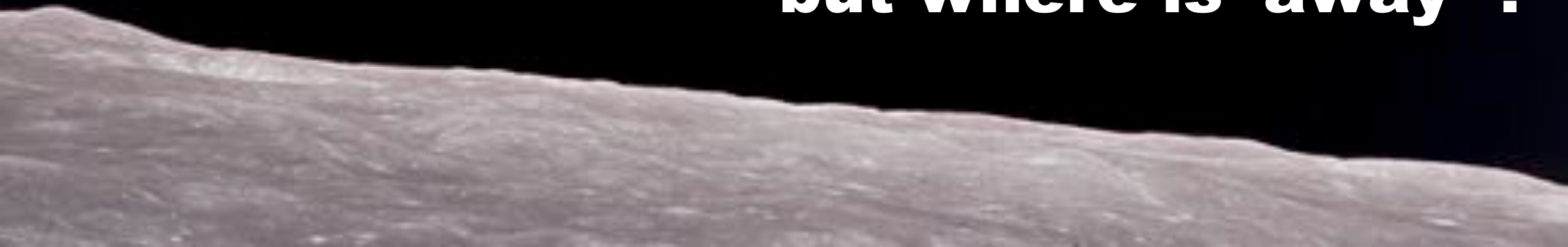
Heathy City Design • Royal College of Physicians 16 10 2018

Penoyre  
& Prasad

**we throw things away**



**but where is 'away' ?**







Albatross stomach : Claire Fackler

Microfibre in marine environment : M. Danny



Microfibre in Beer : Mary Kusuth

## Environmental Paradigms - Limits

*Silent Spring* Rachel Carson 1962 Toxicity

*Limits to Growth* Club of Rome 1972 Resource Limits

*"Long Life, Loose Fit, Low Energy"*  
Gordon Graham 1974 Adaptability/  
Energy Efficiency

*Our Common Future* Brundtland 1987 Sustainability –  
intergenerational equity

UNFCCC 1992 Carbon

## Environmental Paradigms – Possibilities

*One Planet Living* Bioregional, WWF  
mid 1990s Ecological  
Footprint

Palmer, Zero Waste Institute  
Zero Waste

*Regenerative Design/ Cradle to Cradle*  
Stahel, Braungart, McDonough 1982 -> **Circular Economy**

## Contrasting Systems

### Human-made

Simple, disconnected

Linear / wasteful

Resistant to change

Long-term toxins

Fossil-fuel dependent

Maximise one goal

Extractive

### Biological

Complex, interconnected

Closed loop / zero waste

Adapted to constant change

No long-term toxins

Current solar income

Optimised as whole system

Regenerative





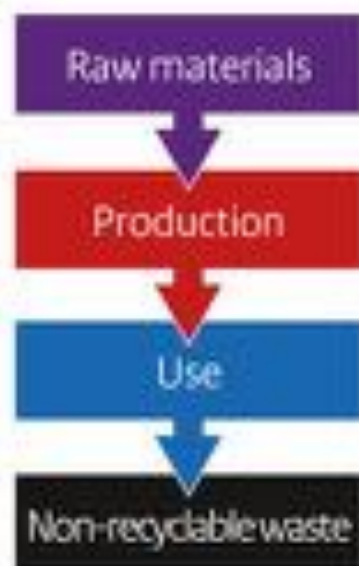
**WRAP**

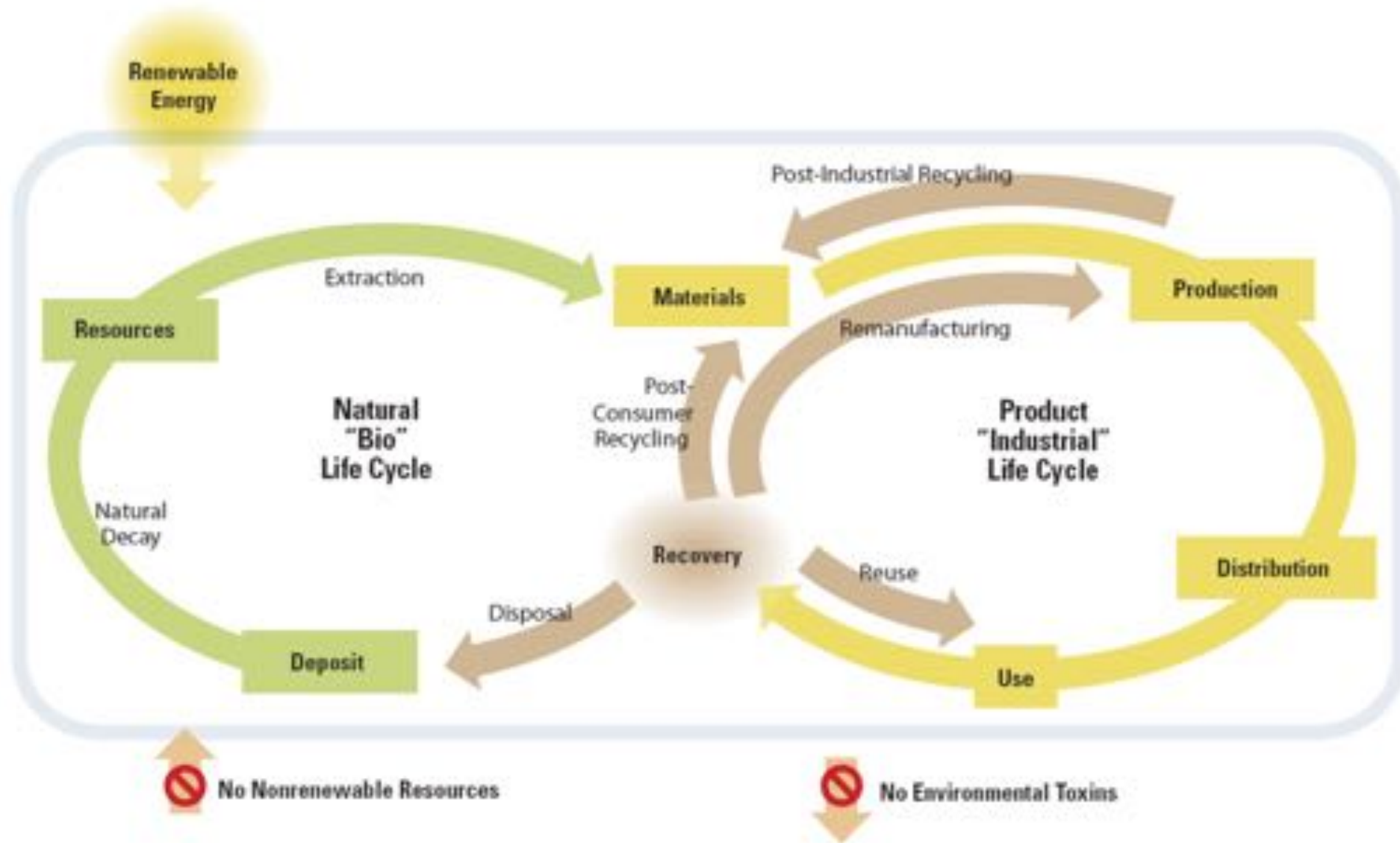
**Working together for  
a world without waste**

**WRAP's vision is a world in which resources are  
used sustainably.**



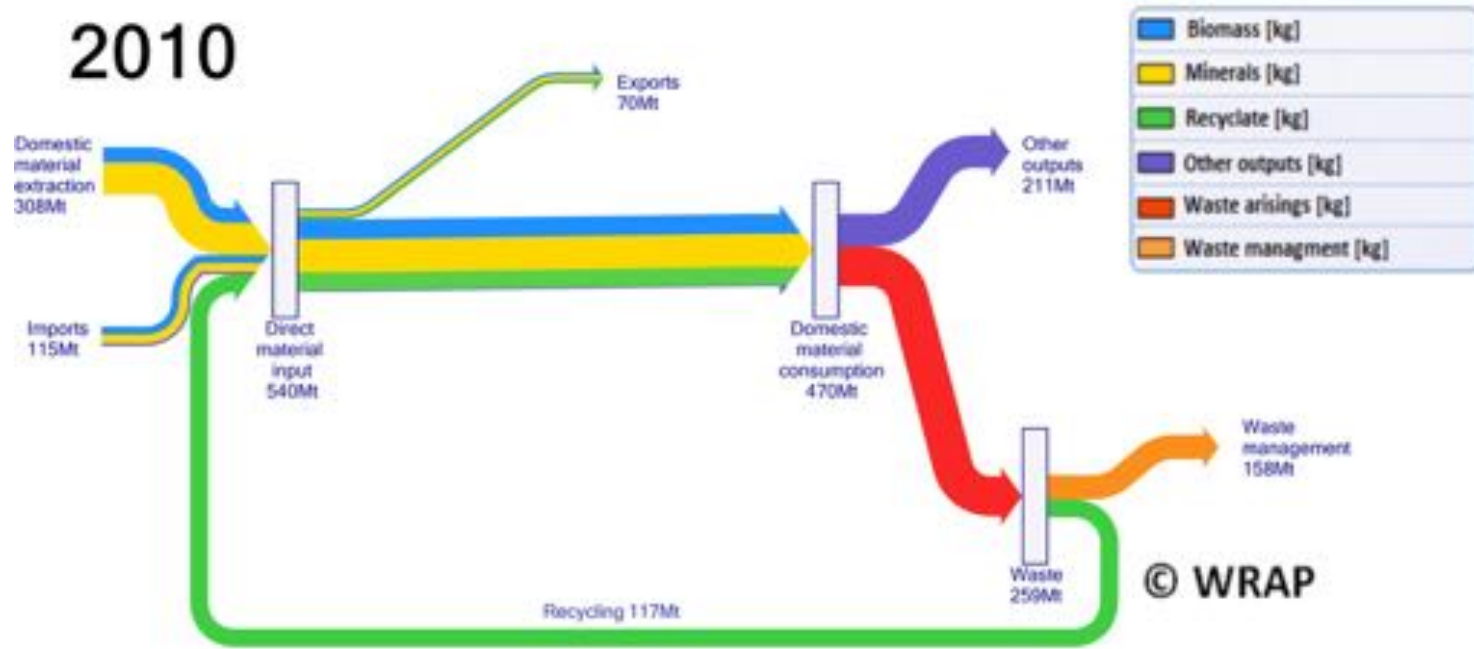
## Linear economy





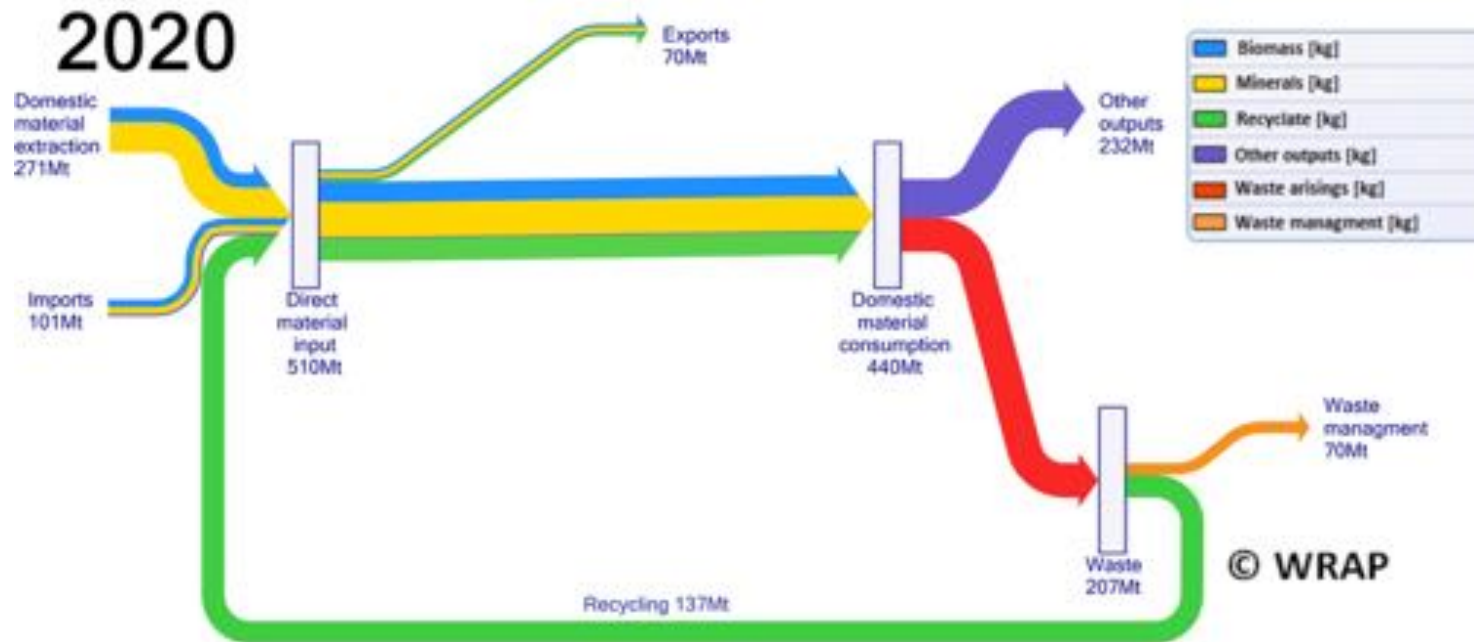
Circular Economy

# 2010



22% circular

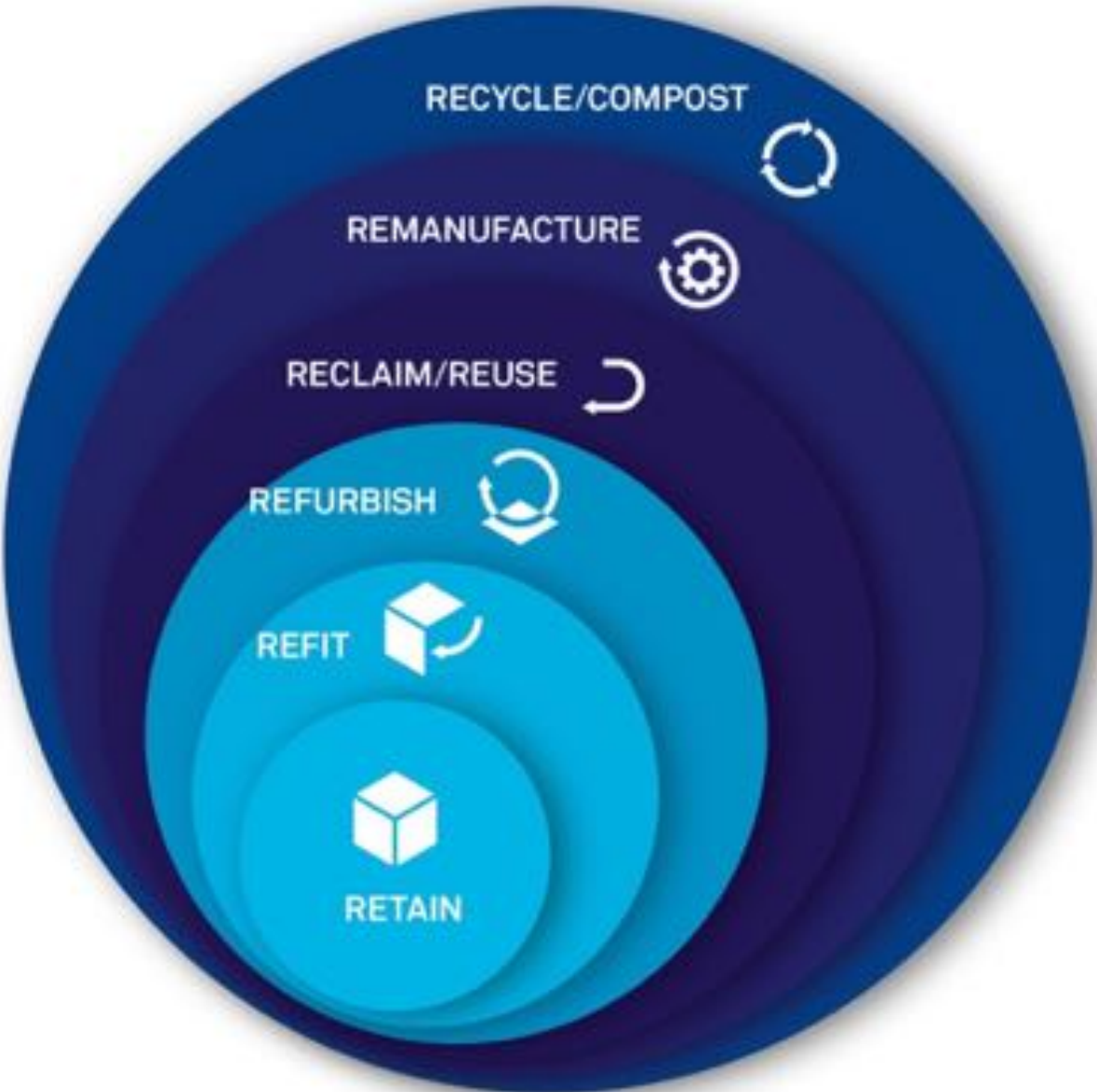
# 2020



27% circular

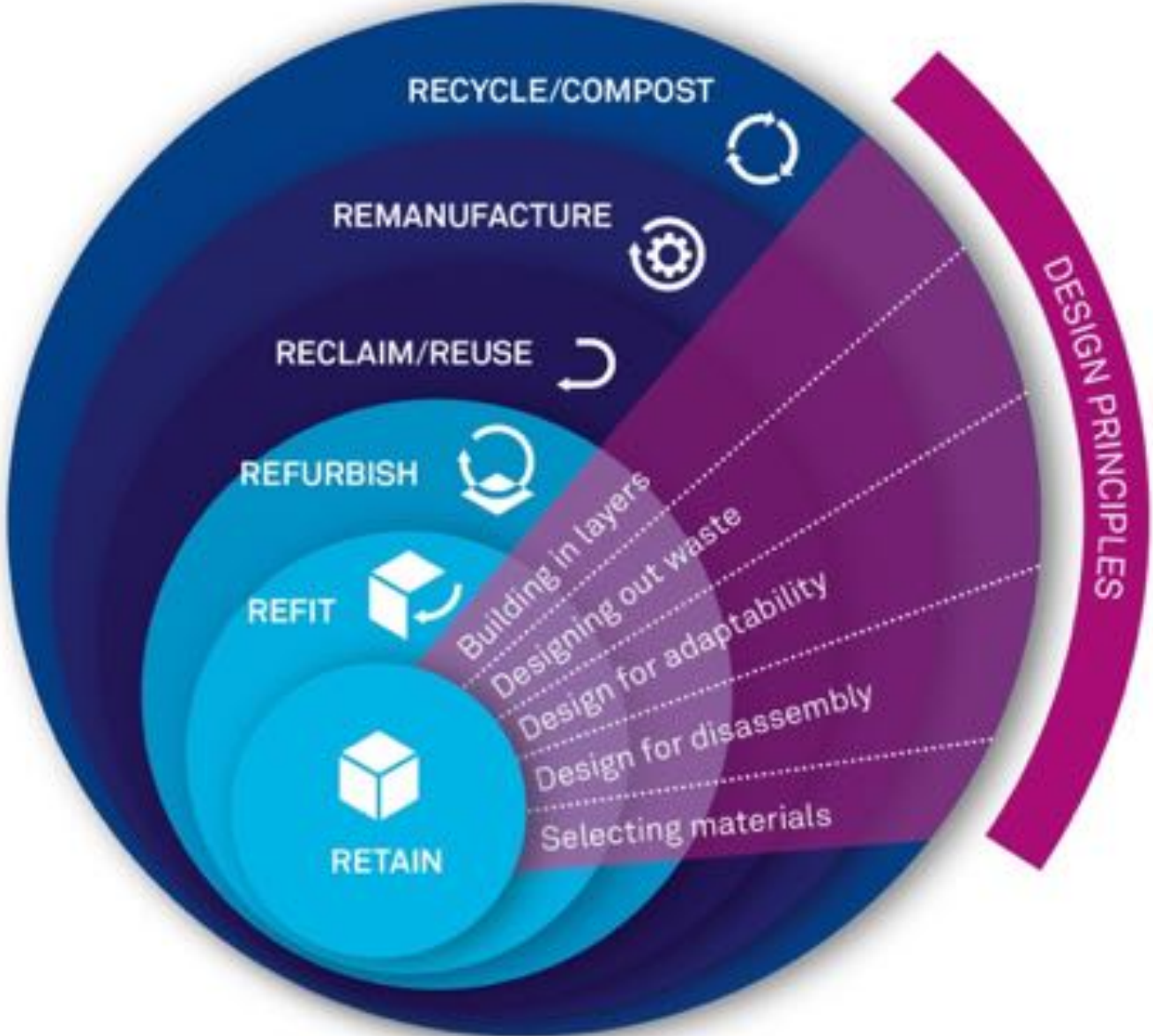
..... a more circular economy  
could increase UK GDP by  
£3 billion a year

# Circular economy for buildings



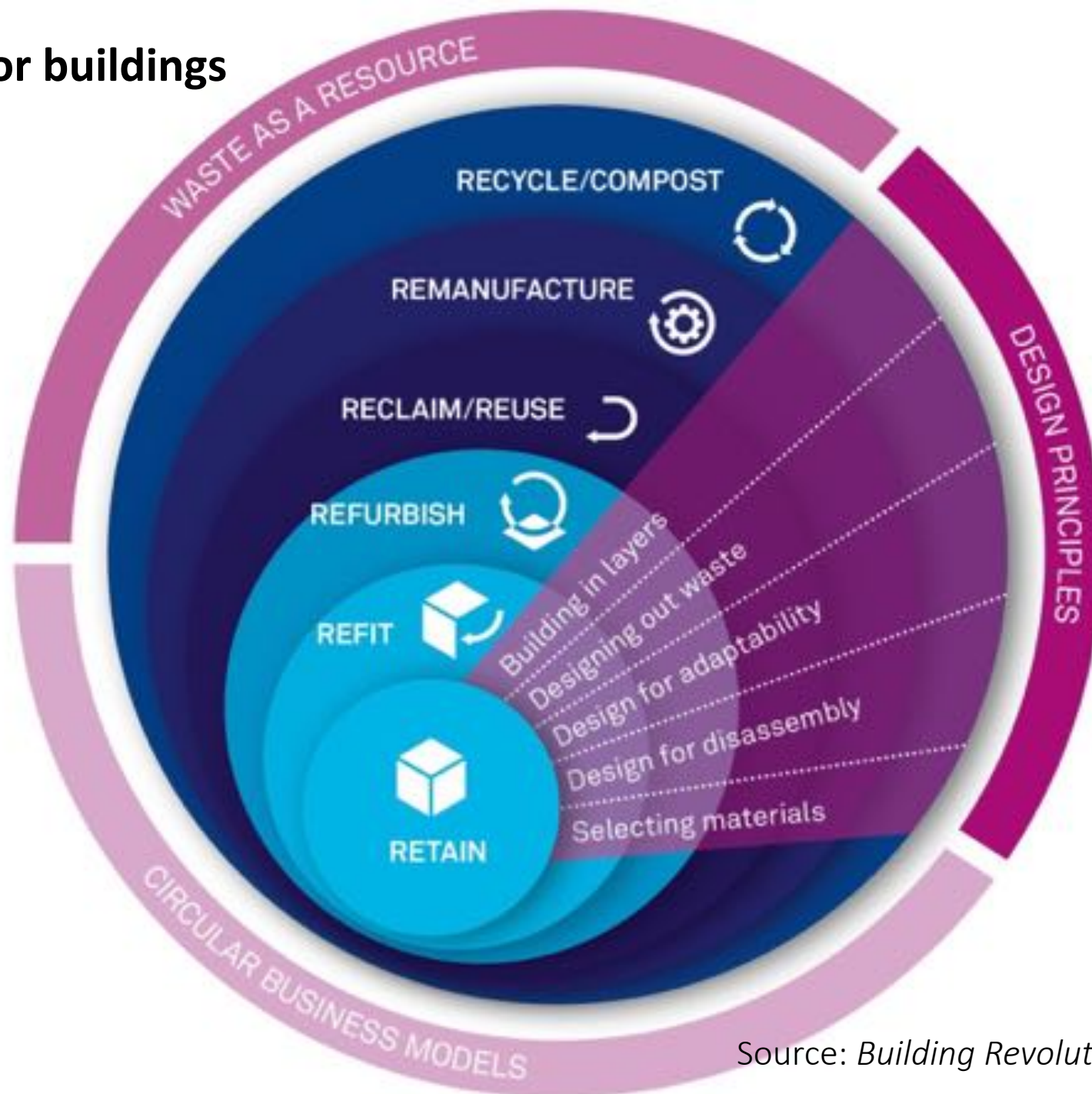
Source: *Building Revolutions* David Cheshire, AECOM

# Circular economy for buildings



Source: *Building Revolutions* David Cheshire, AECOM

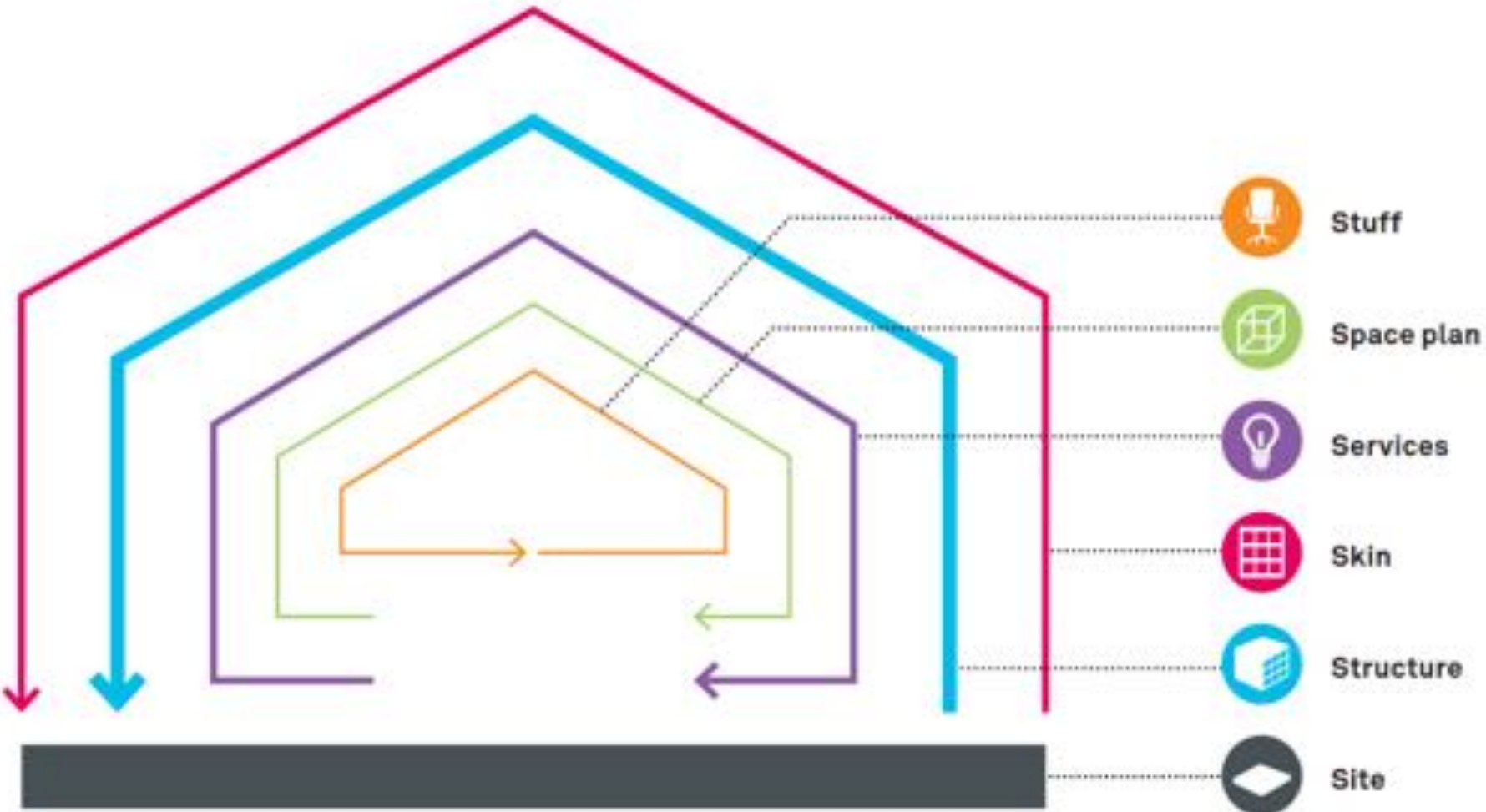
# Circular economy for buildings



Source: *Building Revolutions* David Cheshire, AECOM



# Building in Layers





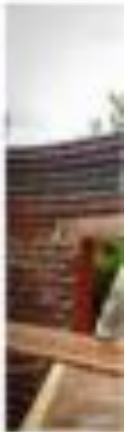
Re-purpose



Heineken WOBO bottle



3 days ago



830 • 500 - [www.ppt.nl](http://www.ppt.nl)



Alamy stock photo



Re-cycle



Interface Flor

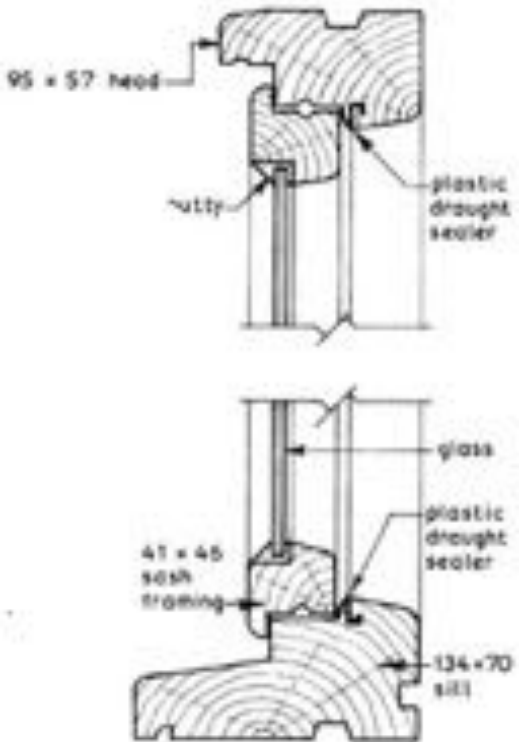
# Retrofit



# Energiesprong Netherlands

# Manufacture for disassembly

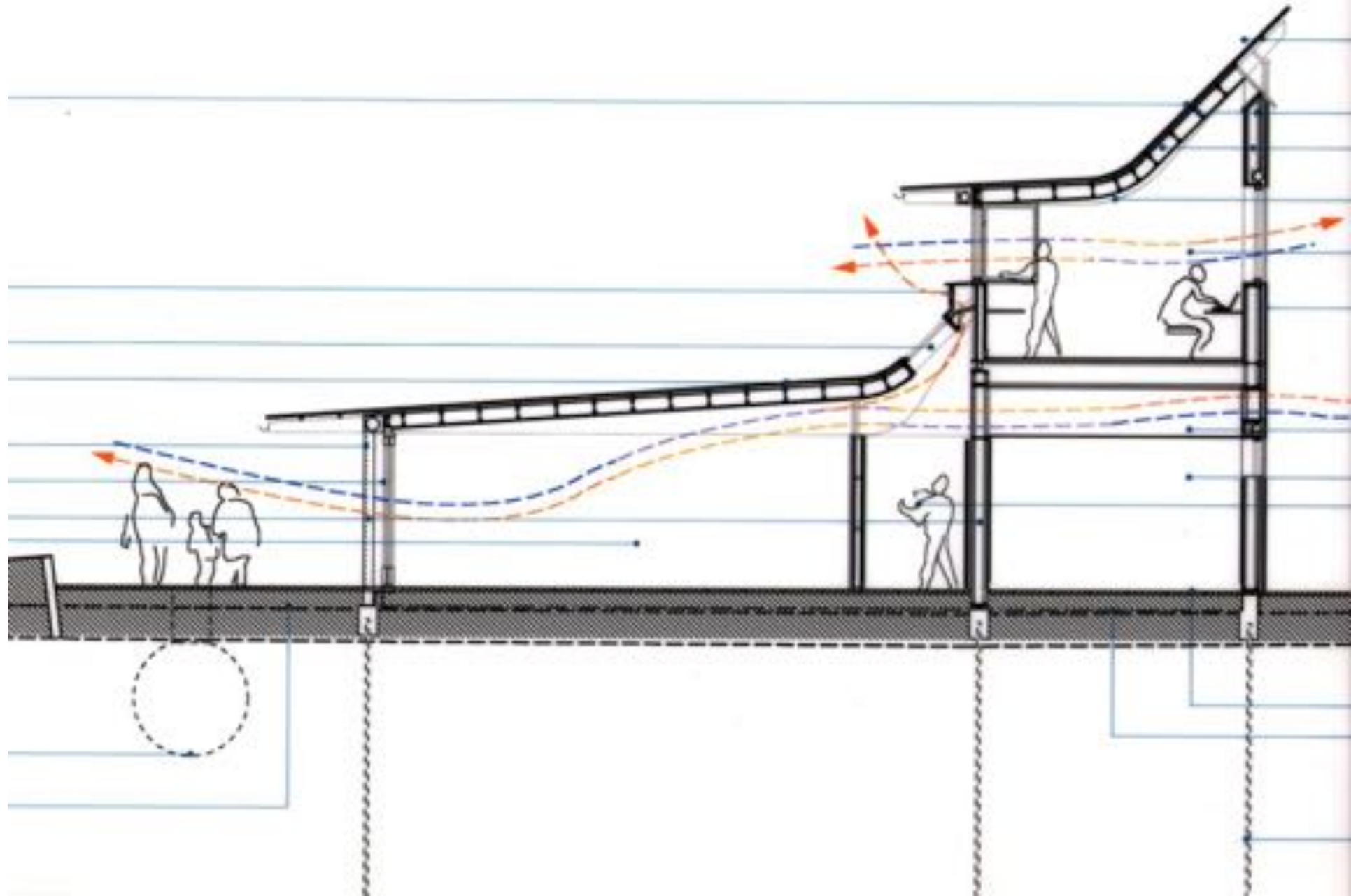
Joseph Chiodo, Active Disassembly Research





Millennium Centre Barking & Dagenham , Penoyre & Prasad





Millennium Centre Barking & Dagenham , Penoyre & Prasad

Reclaim



## The performance economy

“I told Philips, ‘Listen, I need so many hours of light in my premises every year. You figure out how to do it. If you think you need a lamp, or electricity, or whatever – that’s fine.....”

**I’m not interested in the product, just the performance. I want to buy light, and nothing else.”**

Thomas Rau

# Philips – Pay Per Lux



## Health impacts of a circular economy: buildings & energy

<p>“Circular buildings” Less demolition Re-use, repurpose, recycle</p>	<p>Improved indoor air quality and use of nontoxic materials</p>	<p>Various, including occupational health and safety issues, mental health and respiratory.</p>
<p>Use of recycled materials in manufacturing processes</p>	<p>Indirect impact via reduced manufacturing air/water emissions</p>	<p>Cardiovascular and respiratory Heat-related conditions in climate change (long term)</p>
<p>General move to non-fossil energy, energy efficiency, and climate change adaptation</p>	<p>Lower air pollutants and Green House Gas emissions</p>	<p>Reduced cardiovascular and respiratory effects Reduced heat-related impacts and exposure risks from extreme events from climate change</p>

## Health impacts of a circular economy: new business models

Performance models in health care sector and other sectors	Direct impact on health sector via reduced costs Indirect impact for various sectors (e.g. transport) via reduced manufacturing	Reduced costs allow improved health services. Conditions related to emissions from manufacturing are reduced.
Product- and service-sharing platforms (business to business, business to consumer and consumer to consumer), e.g. car sharing	Indirect impact via reduced manufacturing emissions Direct impacts on air quality and noise from car sharing	Reduced respiratory and cardiovascular conditions
Shift from material to virtual products or services	Direct impact on health	Reduction in poor diet related conditions, obesity, cardiovascular diseases, cancers

## Health impacts of a circular economy: waste management

Reduced waste generation and production emissions	Reduced indirect impacts from waste management (landfill, incineration, recycling, etc.) and from manufacturing air/water emissions	Various, including reduced cancer, negative birth outcomes, and respiratory risks
Waste reduction and recycling in health sector	Direct impact on health sector via reduced costs	Reduced costs allow improved health services across all endpoints.
Reduced energy recovery (incineration)	Reduced generation of pollutants during energy recovery process	Possibly reduced cancers, respiratory and negative birth outcomes

## Health impacts of a circular economy: food and agriculture

Food waste: redistribution of edible food	Direct health effects	Reduced malnutrition and other poor diet related endpoints
Resource-efficient agricultural practices (including reduction in fertilizer and pesticide use), regenerative farming practices (including organic cultivation), closed loops of nutrients and other materials	Reduced pressures and states (indirect) and exposure (direct)	Reduction in poor-diet-related conditions, obesity, various cancers



## Draft London Plan Policy S17

A **Circular Economy Statement** should be submitted, to demonstrate:

1. How all materials arising from demolition and remediation works will be re-used and/or recycled
2. How the proposal's design and construction will enable building materials, components and products to be disassembled and re-used at the end of their useful life
3. Opportunities for managing as much waste as possible on site
4. Adequate and easily accessible storage space to support recycling and re-use
5. How much waste the proposal is expected to generate, and how and where the waste will be handled





Eliot Moore



Avik Maitra Inhabitots



Bacara



Pixabay

Penoyre & Proscod

Thank  
You