

Healthy Cities Design International 2019 Royal College of Physicians – London, UK

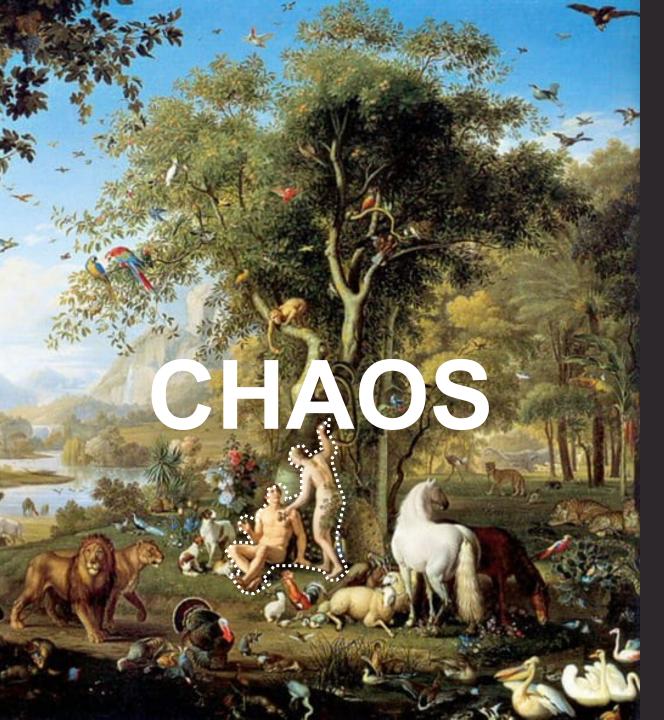
How Community-focused Systems are Addressing Urban-Global Issues





# Agenda

- 1. A Brief History of Utopias
- Intended & Unintended Consequences
- 3. Community-focused Systems
  - BREEAM Communities
  - LEED-ND
  - Living Community Challenge
  - WELL Communities
  - Fitwel Communities
  - 100 Resilient Cities
  - EcoDistricts
  - AIA 2030 Districts
- 4. Themes











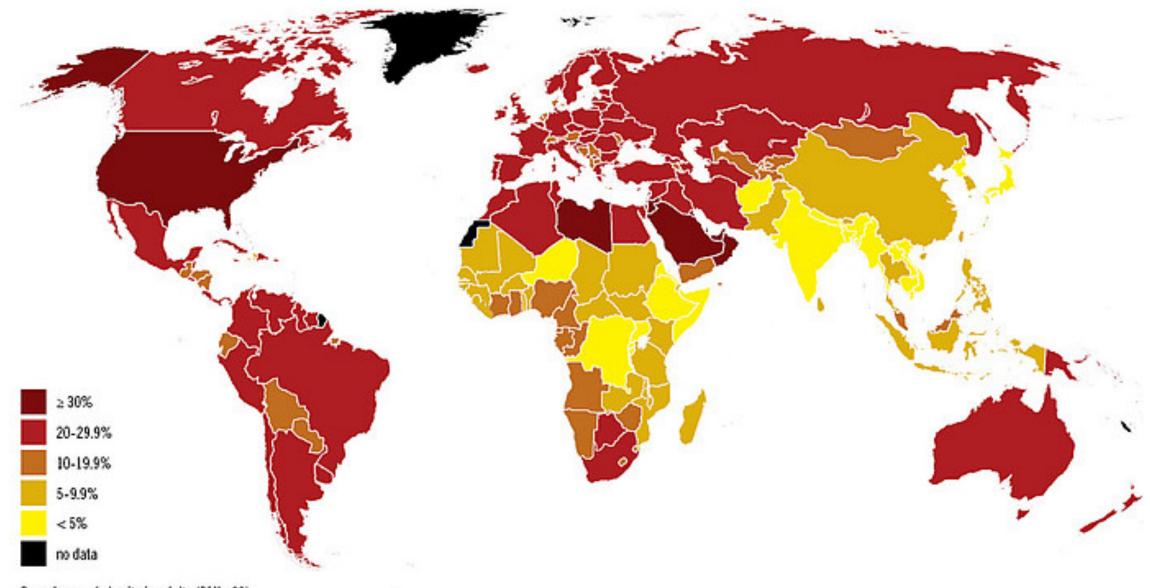








#### The world map of overnutrition



Prevalence of obesity in adults (BMI ≥30) in the population of a country

Source: WHO (2015), data for the year 2014









**EcoDistricts**®



2030 DISTRICTS°



BREEAM® delivered by bre







The BIG Idea

CENTER

**Example** 

DESIGN

BREE M®
delivered by bre



2 TRICTS°

#### ADVANCED SEARCH



SEARCH

CHANGE DISPLAY



**BREEAM Communities** 









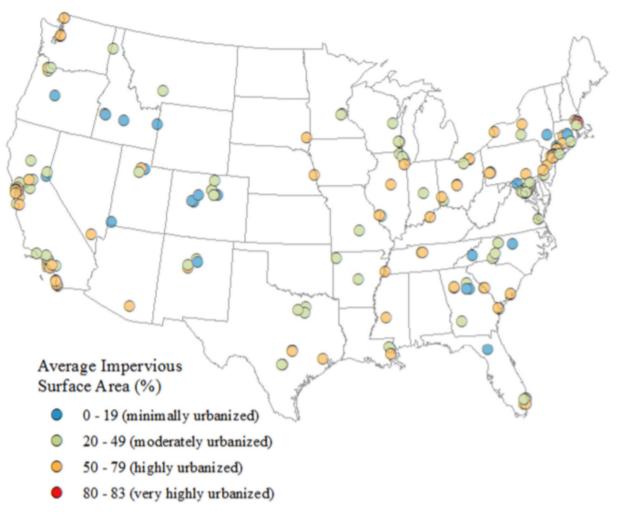


Figure 3. Average percent impervious surface area within 1.5 km of LEED®-ND™ sites.







#### **PETALS**

Imagine communities that function like a forest ecosystem. The Living Community Challenge is organized into seven performance areas.





Restoring a healthy coexistence with nature .





Creating water independent sites, buildings and communities.





Relying only on current solar income.





Maximizing physical and psychological health and well being.





Endorsing products and processes that are safe for all species through time.





Supporting a Just, equitable World.

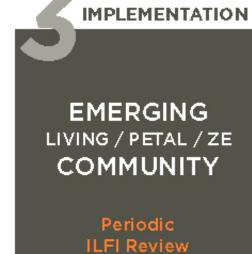




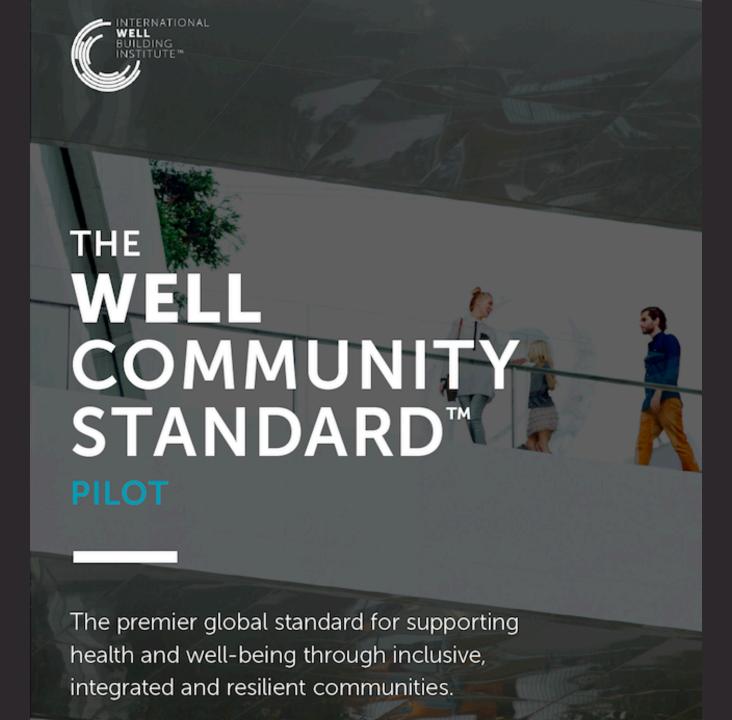
Celebrating plans that purpose transformative change.

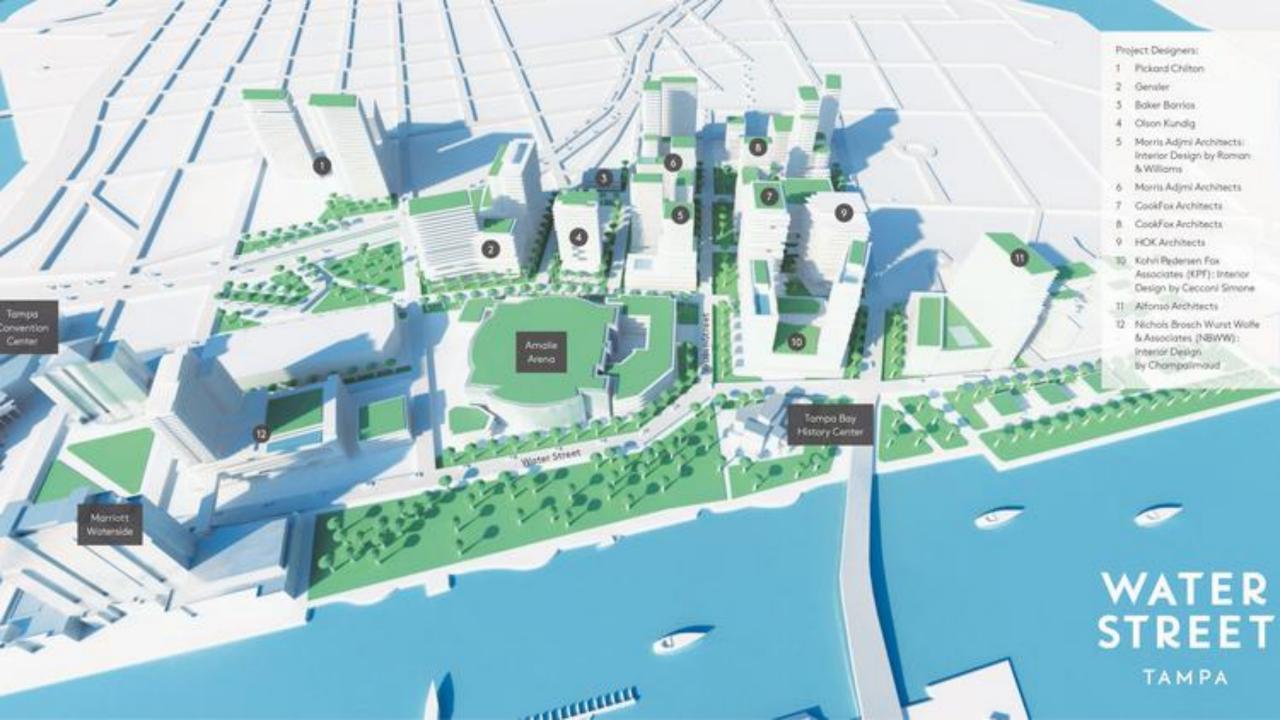














#### **OUR HEALTH IMPACT CATEGORIES**

Each strategy within the scorecard is linked by scientific evidence to at least one of Fitwel's seven Health Impact Categories:



IMPACTS COMMUNITY HEALTH



REDUCES MORBIDITY +
ABSENTEEISM



SUPPORTS SOCIAL EQUALITY FOR VULNERABLE POPULATIONS



INSTILLS FEELINGS OF WELL-BEING



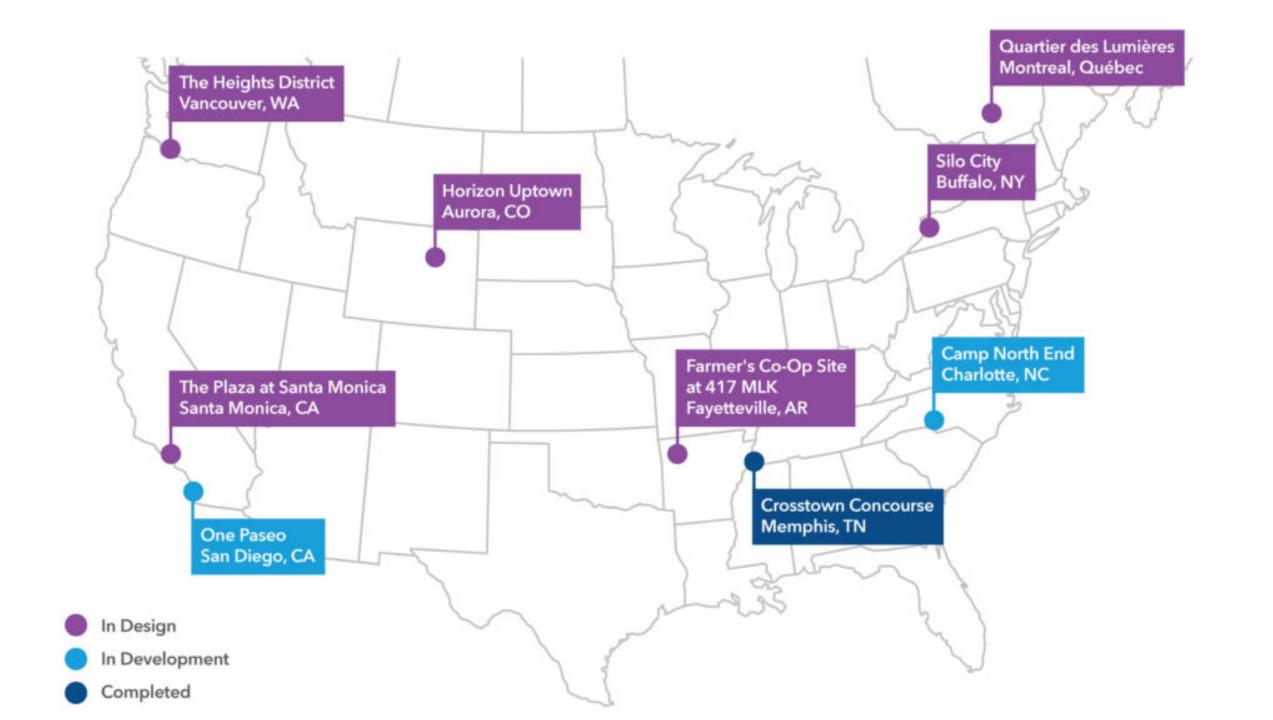
PROVIDES HEALTHY
FOOD OPTIONS



PROMOTES OCCUPANT SAFETY

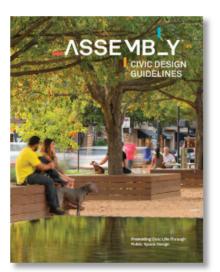


INCREASES PHYSICAL ACTIVITY





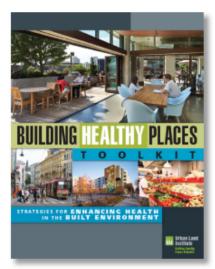
#### **Publications + Resources**



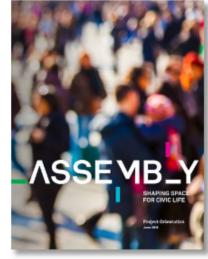
Assembly: Civic Design Guidelines



The Active Design Guidelines



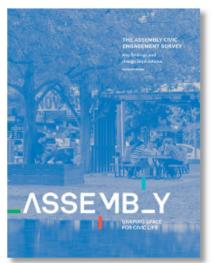
Building Healthy Places Toolkit



Assembly: Project Orientation



Assembly: Research Brief One



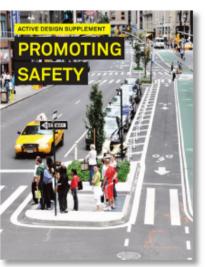
Assembly Civic Engagement Survey



Policy Brief: Impact In Affordable Housing



Active Design: Guide for Community Groups



**Promoting Safety** 



Affordable Designs for Affordable Housing

### **100 RESILIENT CITIES**

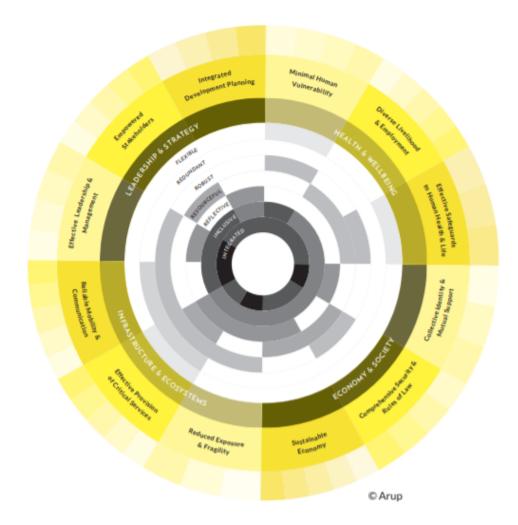




#### INDICATORS

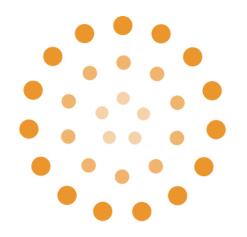
#### QUALITIES

INDICATORS	QUALITI	ES					
	INTEGRATED	INCLUSIVE	REFLECTIVE	RESOURCEFUL	ROBUST	REDUNDANT	F
1.1 Safe and affordable housing			r	T			Τ -
				+		ļ ·	-
1.2 Adequate affordable energy supply 1.3 Inclusive access to safe drinking water				+		t ·	4
1.4 Effective sanitation				+			÷.
				+		4	4
1.5 Sufficient affordable <b>food supply</b>		_			÷	+	
2.1 Inclusive labour policies						+	+ -
2.2 Relevant skills & training						+	+ -
2.3 Local business development and innovation			1		1	1	1
2.4 Supportive financing mechanisms						+	+ -
2.5 Diverse protection of livelihoods						+	+ 1
following a shock			l				Ι.
3.1 Robust public health systems							Ϊ.
3.2 Adequate access to quality healthcare							1
3.3 Emergency medical care						+	
3.4 Effective emergency response services							
4.1 Local community support						+	ľ
4.2 Cohesive communities						+	Ι.
4.3 Strong city-wide identity & culture							Ϊ.
4.4 Actively engaged citizens							Γ
5.1 Effective systems to deter crime							Ϊ.
5.2 Proactive corruption prevention							Ι
5.3 Competent <b>policing</b>							Ι
5.4 Accessible criminal and civil justice							Ϊ.
6.1 Well-managed public finances							Ι.
6.2 Comprehensive business continuity planning						+	Ĭ.
6.3 Diverse economic base						+	Ĭ.
6.4 Attractive business environment						+	į.
6.5 Strong integration with regional & global economies			1			i	ï
7.1 Comprehensive hazard and exposure mapping						r	+
7.2 Appropriate codes, standards & enforcement							+
7.3 Effectively managed protective ecosystems							+
7.4 Robust protective infrastructure							+
8.1 Effective stewardship of ecosystems							۰
8.2 Flexible Infrastructure services				+			*
8.3. Retained spare capacity							ſ.
8.4 Diligent maintenance & continuity							
8.5 Adequate continuity for critical assets							Г
& services				,			Ĺ
9.1 Diverse and affordable transport networks				_	·		
9.2 Effective transport operation & maintenance				,			F
9.3 Reliable communications technology				p			6.
9.4 Secure technology networks							4
10.1 Appropriate government decision-making 10.2 Effective co-ordination with other					t	+	+
government bodies			1		1	1	ı
10.3 Proactive multi-stakeholder collaboration						+	1
10.4 Comprehensive hazard monitoring and							1
risk assessment				L			į.
10.5 Comprehensive government emergency management							
11.1 Adequate education for all				teres.		+	4
11.2 Widespread community awareness						+	+
& preparedness			1		1	1	
11.3 Effective mechanisms for communities			-			+	1
to engage with government							į.
12.1 Comprehensive city monitoring &						1	í
data management 12.2 Consultative planning process					h	+	+
					+	+	+ -
12.3 Appropriate land use and zoning						h	+ -
12.4 Robust planning approval process				L		L	Ĺ.



"Resilience is based on the shifting relationship between scales, and between autonomy on the one hand and connectivity on the other."

Allan, P. & Bryant, M. (2011) 'Resilience as a framework for urbanism and recovery'. Journal of Landscape Architecture 6(2), p. 43



# ECODISTRICTS

1,529 **47**PROTOCOL COUNTRIES

**DOWLOADS** 

**149** 

NEW AMBASSADORS + MEMBERS **\$1** MM

RAISED FROM MEMBERS, DONORS, SPONSORS + FOUNDATIONS 48

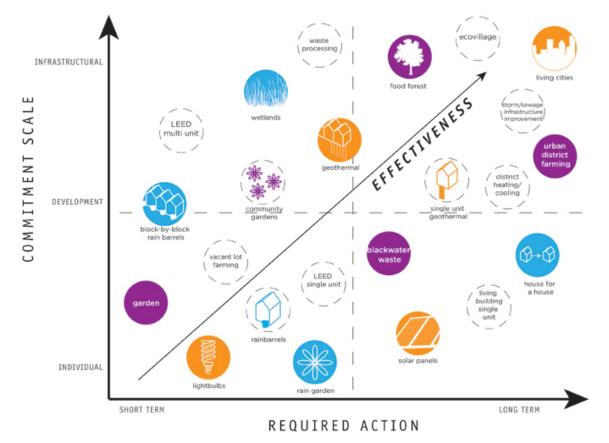
CONVENING SCHOLARSHIPS AWARDED 91%

OF ATTENDEES RATE OUR CONVENINGS AS EXCEPTIONAL OR VERY GOOD



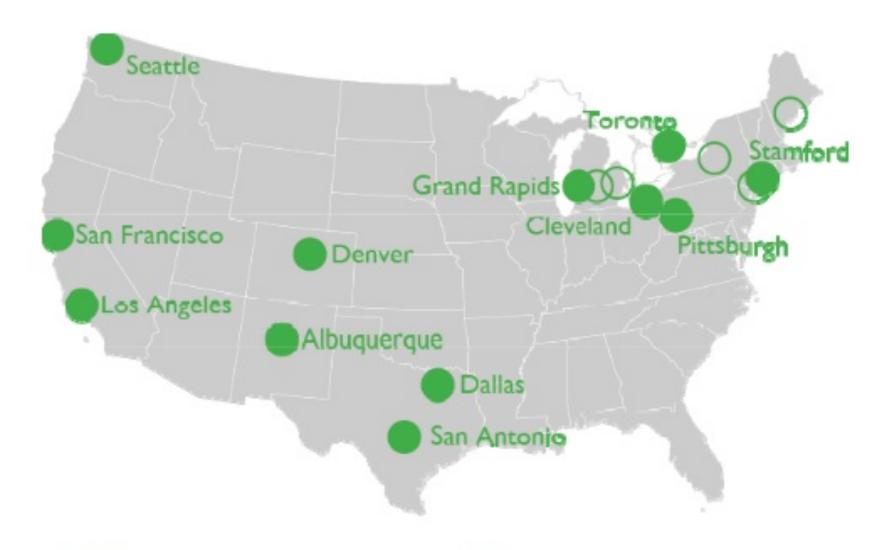


## ECO-DISTRICTS SCALE + ACTION





# DISTRICTS NETWORK





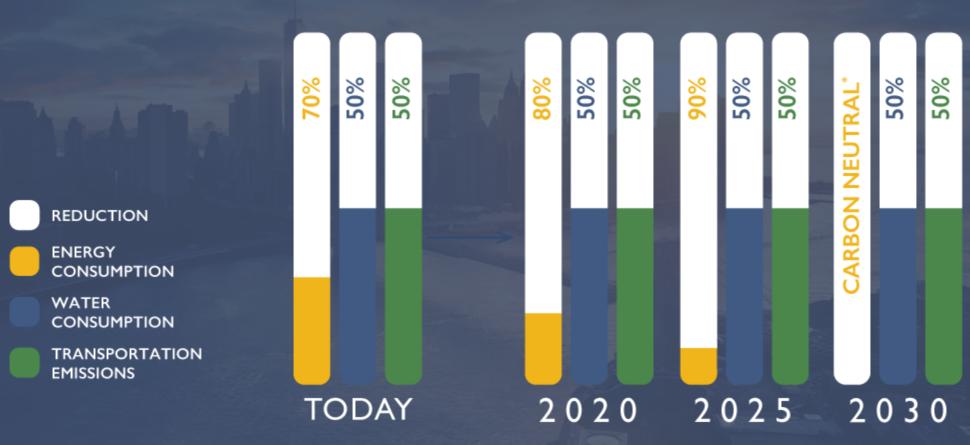


OF THE DISTRICT COMMITTED

BUILDINGS COMMITTED SQUARE FEET



# NEW CONSTRUCTION & MAJOR RENOVATIONS



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# Themes – Beyond Geometry

- 1. Sustainability more than efficiency and conservation
- 2. Resiliency + Health
- 3. Strategies + Evidence-based Design
- 4. Design + Construction + Operations
- 5. Community Input
- 6. Engagement with Stakeholders + Existing Infrastructure
- 7. Goals-driven
- 8. Friendly Competition
- 9. Scalable Along a Spectrum of Potential and Time
- 10. Accountability

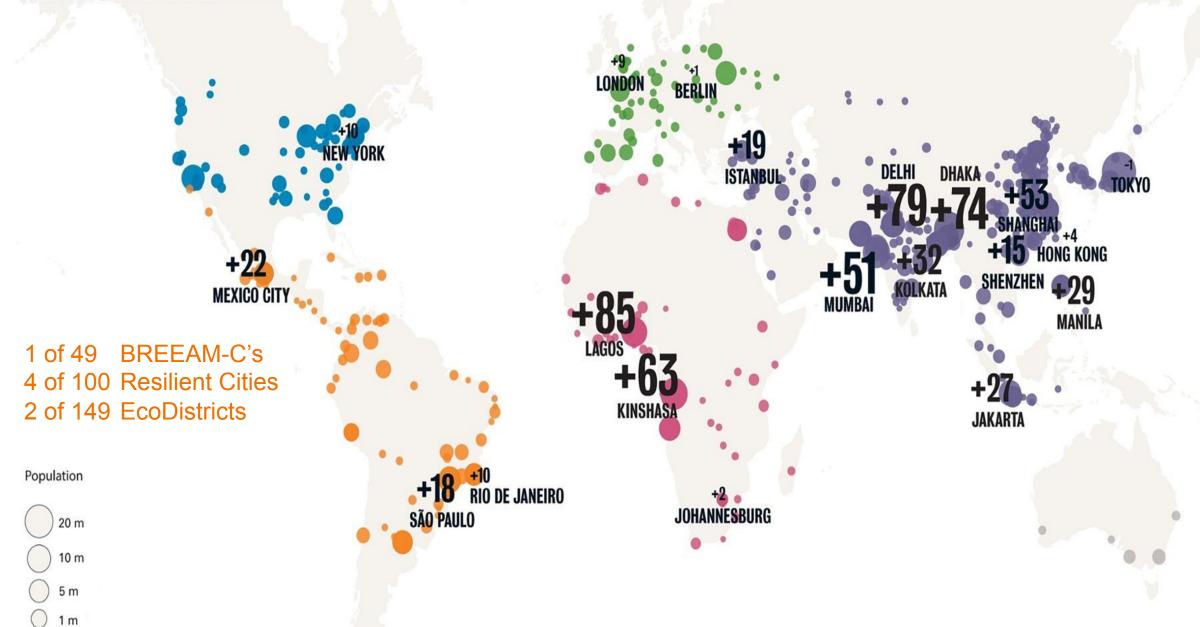








#### **URBAN GROWTH PER HOUR**



**Regulate Planners:** Development rights over social engineering, then tightly define planning scope to access/traffic, infringements on neighbours, heritage, and pollution.

**Abolish land use prescriptions:** The market should allocate land uses, so more residences can come in until the right balance with work and entertainment is discovered.

Stop all vain and unproductive attempts at "milieu protection"

**Abolish prescriptive housing standards:** Planners and politicians should stay away from housing standards. Here too the market has the best chance to discover the most useful, productive and life/prosperity-enhancing mix. They protect nobody and eliminate choice. All subsidized goods are oversupplied and thus partially wasted.

**Abolish social & affordable housing:** No more imposition of affordable housing quotas, phase out and privatise all council housing, phase out the housing benefit system (substitute with monetary support without specific purpose allocation).

Abolish government home ownership subsidies: This distorts real housing preferences and biases against mobility.

**Abolish rent control & tenancy regulation:** Allow free contracting on tenancy terms and let a thousand flowers bloom, creating a dense, urban fabric that delivers stimulating urbanity our post-Fordist society desires.

Privatise streets, public spaces and possibly whole urban districts



